The diploma thesis deals with issue of communication method called mirroring. The main purpose of this text is to present mirroring with its basic qualities and specifics in the field of communication theory, linguistics and psychology. Intention of this diploma thesis is to apply certain pieces of information from psychology and psychotherapy to linguistic and comunication models. Method of mirroring is introduced in general in its basic traits at the beginning. Later is examined from particular linguistic and psychological theory point of view. Subsequent chapters deal with specifically chosen fields – it is pretherapy, PCA psychotherapy and neurolinguistic programming. In conclusion we tried to summarize basic information and suggest possible direction for next research. Appendix to this diploma thesis contains examples of real mirroring.