This thesis focusis on the Importance of Swimming Lessons for Children in the 1st degree school. It focuses not only important in terms of health, where there is a child's development or removal of various imbalance, but also in terms of socialization and educational. In detail, the theses focuses on students who already have the basics of swimming styles and those who are yet to recieve in the form of swimming training, and using a questionnaire.

Finally, the subject thesis as well as prevention, which is based on the recommendations of parents, both teachers from the swimming school and elementary school teachers.

Theoretical knowledge of swimming instruction, design questionnaires, methods of evaluation results a recommendations for prevention are applied to the parents, made a survey and retrospective reflection on the parents.