

Abstract

- Theme of thesis: Physical education for pre-school children with autism spectrum disorder
- Objectives of thesis: The aim of my thesis was to prepare a methodical guide for teachers and trainers of free time activities for pre-school children with ASD, then to identify, if the bee can contribute to improve the children self-reliance during practice of their motorical skills, if it can have a positive effect on the behaviour of children during work and whether it can help reducing problematic behaviour.
- Method: The main method used in the qualitative part of my research was observation participation method, the other informal interview. The data was evaluated using simple analysis and statistical method of frequencies.
- Results and conclusions: The objective of my thesis is to prepare a methodical guide for teachers and trainers of free time activities dealing with pre-school children with ASD. I found out, that participation in a bee can contribute to improve the children's self-reliance during practice of their motorical skills, it also positively affected the behaviour of children during work and it helped to reduce problematic behaviour.
- Key words: Autistic spectrum disorder, physical education, structured teaching, structured movement activity, pre-school children, free time activity