

This thesis investigates effects of long-term SUR therapist training on its participants' personalities.

In theoretical part of the thesis the author defines SUR psychotherapy system, describes its theoretical background and nowadays representation of the training system. She surveys knowledge about personality and its growth. Dynamic psychotherapy as a theoretical source of SUR is described as well. She elaborates specific means used in training process that directly influence personality of the participants. She also investigates personality traits of therapist that determine success of the therapy.

Practical part of the thesis describes longitudinal quantitative study of participants undergoing 5-years training in SUR therapy. Personal growth of the participants is studied and compared to general population that have not undergone such a training. Next phase of the research is dedicated to qualitative analysis of semistructured individual interviews with therapist training lecturers aiming to study effectivity of long-term psychotherapist training in SUR system. Another objective of this analysis is to extend results gained in the quantitative phase of research. Research methods and research findings are described in detail. In the conclusion the author discusses her findings and proposes new directions for research in this area.

Key words: SUR, psychotherapy training, dynamic psychotherapy, longitudinal study, therapist personality