## **Abstract**

This diploma thesis "Changes in lifestyle in the countryside since the First Republic to the present" is a case study providing information on lifestyle changes in the last 90-years in the village Zavisice and causes of these changes. The substantial change affecting all others is moving away from agriculture as the main means of sustenance. The crucial processes causing the changes in the country life the lifestyle of the rural population in studied time period were collectivization in the 50th, socialization in the 60th, centralization in the 70th and 80th and transformation after the year 1989. This thesis looks at this topic from many angles, generalizes some conclusions thus creating a comprehensive insight into the lifestyle of the inhabitants of the Czech countryside in the last century. The contents of the largest in the text analyzes the transformation of customs, traditions, livelihood and leisure, children's games and duties, schooling, food, clothing, housing, change in approach to raising children, celebrating of the religious or secular holidays and family feasts, change of associations and interest groups. Information is gathered from the statements of witnesses, written historical materials (municipal, school and family chronicles, personal memoirs, newspapers) and the relevant literature.

**Keywords:** lifestyle, czech countryside, rural sociology