My dissertation Program of education to health in primary education and its implementation in conditions of a chosen region discusses education to health at a second grade of Prague primary schools. The theoretical part is devoted to family education at an elementary school in the past and nowadays. Further, it deals with the subject areas of family and schools promoting health.

The research part focuses on promotion of health at schools and incorporating education to health into school education programs. The goal of the dissertation is to check the current state of promotion of health at elementary schools.