

Evaluation of Diploma thesis Schizophrenia: Prevention of relapse and re-admission to psychiatric hospital after treatment.

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Submitted diploma thesis on schizophrenia covers one of the most important topics: relapse prevention. Relapse is very stressful for patients and their families and very costly for health care and social systems. Also, based on neuroimaging studies it seems that the more relapses, the worse outcome of schizophrenia.

Erling Becker Aarseth reviewed currently available methods for relapse prevention in schizophrenia with particular interest in ITAREPS, new original tool developed by dr. Filip Španiel and research team from Pratur Psychiatric Center and 3rd Faculty of medicine.

ITAREPS is Information Technology Aided Relapse Prevention Programme based on technology equipment– mobile phones, computers and internet.

This diploma thesis is very interesting because although so far there has been some systematic overview of relapse prevention methods, this overview includes ITAREPS for the first time.

Information collected in Erling Becker Aarseth's work is very useful as it contributes to dissemination of information about ITAREPS, very promising tool for relapse prevention.

This diploma thesis is very well acceptable for Preventive medicine state exam.

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