

It has in this review article been cited several different studies and sources, all concerning the prevention of relapse of schizophrenia and related psychotic disorders; The different approaches to treatment (programs, type of psychotherapy etc.) have been discussed according to evidence based research and randomized controlled trials. Although some explanations have been given about terms used in the literature, as well as some definitions to enable classifications in future studies, it has been focused only on the preventive measures used in schizophrenia; a detailed description of different subgroups of schizophrenia, as well as detailed descriptions of pharmacology in neuroleptics is beyond the scope of this article.

The recognition of relapse symptoms was first considered and defined, and the different approaches was then discussed; Outpatient treatment plans and relapse prevention plans, as well as the impact of cognitive behavioral therapy and psychotherapy have been discussed in subsequent chapters. In this section, it was especially focused on the ITAREPS program and its impact on the relapse prevention. The role of medications was then defined and supported with clinical studies and trials.