The author of the paper used different methods of pedagogical research (the observation of children, the interview and the analyses) to discover the effectiveness of deferring the start of school attendance for one year, according to the success of individual children in a nursery school, but also with regards to their differences as a group. The research was conducted using a sample of 10 children, all with different reasons for their school attendance being deferred. It was proved, that children who had been deemed necessary by a psychologist found deferment of school attendance useful.

The data obtained from this research can be used for individual education programs based on a child's particular problems. The beginning of school attendance is an important part of human life, therefore it is imperative that steps are taken to ensure that is as beneficial to the child as can be.