In the theoretical part of my thesis there is a brief summary of forms of institutional education and influence of the education on children. It also describes projects that offer help and support to young people leaving institutional care and beginning their selfdependent life.

The practical part of the thesis focuses on one specific project. It describes the course of the project in the children's homes that took part in it and experience of the children living in these homes. The goal of the practical part is to prove hypotheses concerning both the effectiveness of the project and preparedness of young people leaving institutional care.