The thesis is focused on the process of US-Soviet disarmament during 70s and especially on the end of the decade. The work is based on the American point of view of the disarmament and it examines the period from the administration of Richard Nixon, when was signed the most important treaty of the beginning of the 70s – SALT I (1972), through administration of Gerald Ford, when Vladivostok accord (1974) came into force, and the final part of the thesis concentrates on the period of Jimmy Carter during which SALT II was signed but it didn't pass the U.S. Senate. In particular chapters are analyzed main issues which were important for the disarmament and also changing of American approach towards relationship with the Soviet Union.