

Annotation

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This bachelor thesis deals with posttraumatic growth by soldiers coming back from peacekeeping mission.

Theoretical part informs about positive impacts of a traumatic event on an individual's personality. It describes the process of posttraumatic growth, i.e. the way leading to the achievement of positive changes. It also presents examples of posttraumatic growth from both civilian and military life, including the interventional programs for war veterans suffering from posttraumatic stress disorder. Closing part deals with foreign studies of posttraumatic growth in war veterans and a brief overview of military missions in which ACR has taken part since 1991 is also included.

Empirical part presents the results of posttraumatic growth in ACR soldiers and offers a comparison with the results of the foreign studies.