

Annotation

In the thesis I tried to put the clinical practice operating room nurses into the psychosocial context. On the basis of scientific literature I tried to bring three different concepts of stress, show the relationship between stress and human health. Describe the typical history of stress and its external manifestations and characterize the concept of work-related stress. Characterize work-related stress for nurses operating theater and to give an overview of the main stress factors that act on nurses working in operating rooms.

With support in the scientific literature summarized practices that facilitate the management of acute stress. In the empirical part of my effort was to determine how often stress acts in occurring of the operating room using a stress situation which the sisters are exposed the most personally. Find out what are the most common ways to approach these situations after working hours. What are the mainframe skills of nurses in the operating theater, how to rank themselves as operating room nurses in their field of knowledge and skills to which should be adopted.