

The study Rogerian Psychotherapy is concerned with the theory and practice of the Person-Centered Approach in psychotherapy. First, it introduces the historical development and the background of the approach and summarizes the classical theory of personality and therapy as was presented by Carl Rogers. Next, the study reflects the current problems of the present Person-Centered Approach and presents some of the latest conceptions in the theory of personality and psychopathology. In the last part, it describes Dave Mearns's unique concept of the quality of the therapeutic relationship – the relational depth. The study is concluded with an example of Mearns's transcribed therapeutic setting, which also demonstrates the real picture of the Person-Centered Therapy. The ultimate aim of this study is to show, that the Person-Centered Approach is still a lively and evolving approach that is able to reflect the needs in the society, deal with the critics' remarks and preserve its unique concept of person.