Dissertation thesis deals with the strategies of education for partnership, marriage and parenthood in grammar school in the Czech Republic. The main objective of the thesis is to develop a teaching strategies for subjects and topics relating to the partnership, marriage and parenthood in grammar school. To achieve this objective detail targets have been set and constitute the content and structure of the work. The work is divided into seven chapters, the first four terminologically support research and application of the work. Own contribution was on the basis of gained facts (the results of the research) to create a guide with practical ideas how to tackle with these issues. In addition to that, how to work with grammar school students with these issues through different activities (meetings, lectures, projects and elective subject) by implementing the expected outputs of health education subject on grammar schools (under FEP SE), which includes the following topics.