

Doctoral thesis "Insidious City - Educational aid for teachers to help them in prevention of undesirable social phenomena" sums up findings concerning prevention of adolescent risk behaviour. On the basis of long-term experience and research, the author has created a game called "Insidious City" and wrote a methodological guide for teachers who want to utilise the game in the classroom within evaluation of the prevention programme and identification of risk individuals in the class. The goal of this thesis is to create an aid for those schools which want to add complementary means to external providers' prevention programmes, or implement their own minimum-scope prevention programme.

The thesis has six chapters. The first chapter describes the classification of primary prevention and forms of risk behaviour. In the second chapter, the author gives a summary of research and trends in the area of primary prevention, based on the literature and Internet information both in the Czech Republic and abroad. The third and fourth chapters go through the procedures of creating a prevention programme and implementing its evaluation. The fifth chapter deals with the preparation of the empirical part and results as implied by the testing of the game in two classes of two primary schools. The core of the thesis is contained in its sixth chapter, in which the author presents a complete methodological guide for game Insidious City. The guide is based on several years of experience. In the conclusions, the author speaks about the future and options of primary prevention.

Primary prevention has a long tradition in the Czech Republic. Nevertheless, we can view its relatively fast development in the recent years. Pros and cons are widely discussed connected with involvement of class teachers in the primary prevention programmes aimed at preventing risk behaviour.