

The thesis is divided into two parts. A theoretical part and an empirical part. The theoretical part, describes physiological childbirth. Its partial phases, work of midwives and treatment for newborn child. Aromatherapy, homeopathy, acupuncture and acupressure are described as well. There is a note about a birth plan, childbirth at home and outpatient childbirth.

Longer, empirical part was carried out by a method of quantitative research. It was supposed to discover what kinds of alternative methods were offered to women and which of them the women used. I was also interested, whether the women had their birth plan, who accompanied them to give birth and whether they were satisfied with the childbirthes.

11

I followed two samples – women in labour from Prague and women in labour from outside-Prague hospitals. In Prague, I questioned women from Fakultní Thomayerova nemocnice, Fakultní nemocnice Bulovka and Fakultní nemocnice Motol. From outside-Prague hospitals, I chose : Městská nemocnice Neratovice, Nemocnice s poliklinikou Mělník. The other hospital does not want to be mentioned. Women who had Ceasarean section were not questioned.