

ABSTRAKT

Title od graduation thesis: The Influence of Stress on the Functional Disorder of Cervical Spine.

Goal of the thesis: Goal of this thesis is the explanation of the influence of an experienced stress on the functional disorder of the cervical spine. The results demonstrate that an individual personal profile, an insufficient work conditions and an raised proportion of the stress can increase the occurrence and influence the process of the functional disorder of the cervical spine. There are defined terms a stress and a stressor, coping strategie, and psychosomatic medicine in this thesis. Further there is discussed the possible physiotherapeutic care for the patients with the functional disorder of the cervical spine.

Method: Multicasuistic study (the nonstructured interview, questionnaires, physiotherapeutic documentation).

Key words: Stress, stressor, psychosomatic medicine, somatopsychic, coping styles, functional disorder of cervical spine, physiotherapy.