

The subject of graduate work is overcoming of bullying in elementary school. The main objective is to find out, what helped to people, who were victims of bullying, to overcome unpleasant experiences. The work includes two parts, theoretical and practical. Theoretical part contains basic informations about bullying from special literature, for example definition of bullying, characteristic of victims, aggressors, psychological and physical consequences for victims, and basic form of aid. It follows with description of practical advices for parents, teachers and victims and what they can do, when child is bullied in school. Practical part presents research between women (aged between 20 to 29 years), who became victims of bullying in elementary school. It was accomplished with seven research interwiev where were researched basic resources of support for victims (parents, teachers, classmates and hobbies). The results of interwiev was summarized and it was focused on finding common motives by questioned persons.