

## **Anabolic steroids: use vs. misuse**

The diploma thesis is aimed at topic of anabolic steroids misuse. It is trying to create complex critical review about this topic. It elaborates the history of the prohibited substances, negative effects of anabolic substances on the human health and their use in medicine. In addition, it deals the question of use and misuse of anabolic steroids in the area of recreational sport, mainly in visitors of gyms and fitness centers. The thesis solves the questions of the incidence of misuse, information, knowledge and prevention.

**Key words:** anabolic steroids, doping, medicine, fitness centers, gyms, side effects