Main idea of my work is to map history and process of Footballtennis in Czech Republic since its birth until present. For futher I'm concerned with concept suitable procedure, which would be possible to include into ordinarily school PT (physical training) and validate it in educational expirience. My work should be instrumental to general introduction with Footballtennis as a Czech sport and also as guide for teachers who would like to begin to addict onself teaching this sport, for example in theire class or in sport group.