

## SUMMARY

This diploma dissertation consists of twelve chapters which focus on the history, definitions, models, methods, forms, techniques, Chinese instruments, school's tests and activities of Music Therapy.

The first chapter indicates general information about Music Therapy and covers the formal definition of the term. The second chapter includes the history of Music Therapy, from Ancient time to the 20th century. In the third chapter I mentioned the foundation of Music Therapy from physical, emotional, social and aesthetic point of view. The fourth chapter describes the relations of Music Therapy and other disciplines which are Music Education and Music Psychology. The fifth chapter is dedicated to the most important prototype models in Music Therapy. The sixth chapter is concentrated on the forms of Music Therapy. The seventh chapter expresses the music means and techniques of body, voice and instruments in Music Therapy. The eighth chapter indicates the use of the techniques such as improvisation, composition and interpretation in Music Therapy. The ninth chapter is continuing with the description of listening disciplines in Music Therapy. The tenth chapter is commenting the most important and popular Chinese instruments which might be used in Music Therapy. The eleventh chapter contain my several proposals of Music Therapy's activities which also represent the work with Chinese instruments. The last chapter includes the analysis of the tests, realised in Czech and Chinese schools.