

## **Abstract**

**Title:** Collective motional base for gymnastics sports

**Objectives:** The main goal of this work is suggestion of general structure sport preparation of children on base of analytics ontogenetics patterns and activities profiting in gymnastics sports.

**Methods:** This work does not have the character of research. Contents the information gained from the literature which deals with this issue and materials and experiences from gymnastic sports. There were used the information from lectures of Specialization of gymnastic sports and the information gained from coaches.

**Results:** The result is suggestion of structure of motional preparation for children in gymnastic sports.

**Keywords:** gymnastic, gymnastic sports, teen - agers, training