

This master thesis offers a comparison of the characteristics of resilience, concrete hardiness, Sense of Coherence, and traits of creativity between a population of artists (composers) and a normal population. Along with it, it considers the possibility that higher creativity may correlate with higher resilience. The thesis is questioning the opinion of majority, that artists are weaker than normal population, when facing stressful event. The research shows, that artists are equal with normal population in resilience, and even stronger in characteristics of the „challenge“ in concept of hardiness. The research also proves the correlation of resilience with some elements of creativity.