

This thesis mainly emphasizes a healthy and resilient family and its cardinal importance on a child's development. A parent's effect on the child is of central interest of the whole thesis. First, the family system and its subsystems will be briefly described. After that follows an outline of mutual interactions and family relationships. The next chapter deals with changes and family development over time. The contemporary family and its influence on optimal child evolution are also described. At the same time, the family life cycle and its periods are explored. Health family functioning and the concept of a functional family will continue after the important theory. There is also emphasis on the positive influence of parents on the satiation of a child's needs. The next significant part of the thesis is the chapter about family resilience. Except concept definitions, this chapter will pay particular attention to basic historical context and the factors that influence family resistance. After that, a model of family resilience will follow and a commentary will accompany it. Mention is also given to child resilience. The thesis will conclude with an analysis of two case studies. In the first case, a dysfunctional family environment is described and in the second resilience of family