

**Abstract:**

The thesis deals with the possibilities of intervention in children with behavioral problems. The main focus is placed on working with the family (unlike commonly used interventions that focus primarily on working with the child himself or herself). The first part portrays the theoretical background. It describes the mechanisms of family influence on the child in terms of the factors that can increase the risk of behavioral problems, and, vice versa, factors that act protectively and help the child cope with the situation in a functional manner. On this basis, we describe various forms of intervention in the family based on influence of the disclosed risk and resilient factors. The research project aims to respond to the discrepancy between the proven effectiveness of intervention in families and low levels of use (predominance of intervention focused on child itself only). Through qualitative analysis of interviews with professionals research maps possible ways for families to reach the intervention, its benefits and risks, and recommendations for improving the system of this kind of care in the Czech Republic.

**Keywords:**

conduct problems, family intervention, therapy