

## *Abstract*

**Name of the task:** The problems of the technic and tactics skills in a training of young football player

**Object of this task:** My aim in this work is to describe problems in a training football players at the age of 10 – 12 regarding technic and tactics skills in foreign football school and to compare its approaches with the football school in Czech Republic. I decide to use qualitative method for this research. In the conclusive part I deduce the results of the trainig process based on the developed facts and I propose the alternation to contemporary approach in the conception of the training young football players.

**Method:** It is qualitative research which used datas collecting information from a special and professional literature, specialized and experts Czech and foreign books, scientific magazines which are avalaible in the UK FTVS Library and the databases like Medline, ERIC a Sport Diskus and public accessible internet documents.

**Findings:** The description of the training technic and tactics skills (mainly practices and improvement). The results of this work are useful as a base for a training the football players at this age category.

**Key words:** technic and tactics skills, foreign academy, age category, trainig, coaching,