

Women with intellectual disabilities need the support of social networks to be able to create relationships and to participate in community life. This qualitative research focused on analysing characteristics of the social networks that facilitate the social integration and community participation for women with intellectual disabilities in the Czech Republic. The data were collected via semi-structured interviews, with mothers and sisters of women with intellectual disabilities aged 15-40 years, about fourteen women with intellectual disabilities in order to find out and understand how social networks hinder or facilitate the participation process and wellbeing, the aspects of social networks that enhances effective participations and boost wellbeing for them and why these aspects are important in increasing the quality of social relationship and the sense of belonging to community for these women.