

The aim of this work is to acquire better understanding of the perception of leisure time by adult people with moderate mental retardation. The theoretical framework is based on defining the terms of mental retardation, adulthood, quality of life, leisure and on their mutual interaction and specifics concerning adult people with moderate mental retardation. Through the method of semi-structured interview and field-notes, data from 15 respondents with mental retardation and four social service providers were obtained and subsequently confronted with one another. The process resulted in identification of several discrepancies in answers given by these two groups concerning general views on leisure and selfdetermination in choosing leisure-time activities. Based on these findings recommendations were formulated in the field of possible changes and the necessity of further research in the near future.