

This bachelor thesis is focused on depression like an illness that interferes with daily life of man. My basic work was to find out the answers to these questions. What is the different between “normal reaction” and depression? What is the depressive disorder? What are the symptoms of depression? So, the starting fact of this asking is the depressions is more intensive, deeper then sorrow, last for longer then current sorrow and interferes with daily life. The important chapter of this bachelor thesis is the information about psychosocial risks out of non-cured depression. I see the most consequential problem in suicide of person suffering from depression. The persons with depressive disorder often don't seek help. They often solve their difficult condition with alcohol or drug abuse. This situation also belongs to the psychosocial risk and also it is the moment when family can help. This theme is component of my bachelor thesis too. I solve there how family can help their member with depression. The necessary part of this work is chapter about possibilities of therapy of depression disorder. I intent on treatment of depression by cognitive-behavioral therapy, because this form of therapy is used the most often. This approach helps the person with depression change depressive behavior and thoughts to can solve problems in life without remove of depression by oneself.