This study explores aspects of quality of life (QoL) and how QoL is influenced by HIV/AIDS. Two years ago, in 2006, HIV/AIDS celebrated its 25th anniversary since it was discovered. Of these 25 years, the last ten years were dedicated to research on QoL. The rationale is that even though the emergence of antiretroviral therapy (HAART) has prolonged HIV positive people's lives, this alone is not sufficient to make one's life good. Consequently, it has become necessary to pay attention to the quality of this extended life.

There has been, so far, only one research dedicated to QoL among HIV positive people in the Czech Republic.

According to UNAIDS, about forty million people are infected with HIV globally. By the end of February 2008, the Czech Republic had 1081 reported cases; yet very little has been done in the area of research on QoL among Czechs who are HIV positive. One study done by Potribná in 2002, on QoL (mainly Health) after starting HAART, uncovered a strong need for research on the QoL among people living with HIV in the Czech Republic.