

This Diploma paper entitled Education swimming techniques for first grade at elementary school is aimed at researching swimming teaching.

The Objective of this research study was to compare the teaching of individual swimming techniques for first grade compulsory swimming lessons at elementary schools throughout Czech Republic.

The Theoretical chapter characterizes swimming as it is and identifies basic swimming education. The Empirical part explains the process of the research. The final chapters summarize the results of the research. The Diploma paper is enclosed by a bibliography list and appendices.