The dissertation gives an insight about history, theory and contemporary practice of dramatic education. Part one focuses on basic methodical principles, values, aims and processes in creative dramatics. It analyses both the realms of personal-social development and of dramatic games and arts and it offers a comprehensive list of methods, techniques and strategies of guidance that dramatic education teachers have at their disposal. Part two deals with particular applications of methods and techniques into practice. It shows how dramatic education is taught at four primary schools in Prague.