

Thesis describes history of infant a baby swimming in Czech republic and worldwide. It brings an overview of current methods and methodologies of infant a baby swimming worldwide and in the Czech republic. Thesis describes in a reasonable detail methodology, developed by BabyClub Plaváček. Second - practical part of the thesis tries to evaluate hypothesis concerning methodologies used in infant and baby swimming. Evaluation is done upon questionnaires and their evaluation. This thesis describes also a therapeutical work of Igor Carkovský as it has been observed during his workshop in the Czech republic.