

Title:Monitoring of fear response and experience quality with skydiving beginners

Abstract:

The condition for this thesis has been data collection in the field. We have focussed on the fear rate and on the experience at skydiving which was followed by a comparison of these quantities. We have investigated the level of fear and quality of experience with skydiving beginners with questionnaires among at random selected individuals. We have chosen a test CSAI-2 by Rainer Martens and a short „Flow“ questionnaire. The provided information has proven a high fear rate influences the quality of experience. The results resulting from the practice have confirmed the given hypothesis the fear influences the quality of experience

Key words:

fear, skydiving, quality of experience, flow