

Didactic process of basic skills of pistol shot training in modern pentathlon

Objective:

Design their own teaching practices practicing stf Elba pistol usable for modern petibojafe beginning with the Rifle discipline

Method:

The questionnaire method (data acquisition strakturovanym were talking to Coach 16 Modern Pentathlon, from every club CSMP). Collection of data was processed in 2008.

The results:

Results will be presented as a methodological Fady is to single zamefenim basic skills in stfelbe pistol in modern pentathlon.

Keywords:

Modern Pentathlon, training stf Elba Rifle skills stereotype stf Elba, mifeni, Launching