This Thesis deals with teaching methods in Health Education. To get you trough the problem more easily, it also contains characterization of the most used teaching methods, their classification and selection. Also there is a mention about alternative methods. There are many details about Health Education and it is also included elaboration of this educational specialization. Results of the research (which was specialized to used teaching methods) are in compare with subject matter of health education. Subject matters offers to teachers how to answer the purpose of teaching this new school object.

Keywords: teaching methods - characterization of teaching methods - choice of teaching methods - soundness of the school - health education - purpose of teaching - RVP ZV