

Abstract

The bachelor's thesis "De-escalation of aggressive patient behavior in the psychiatric ward" deals with the issue of aggression, its prevention and effective solution. **The aim of the work** was to determine the frequency of aggression, its type, cause and method of solution. Another aim of the work was to find out the frequency of trainings that the respondents completed and their interest in a possible offer of training focused on managing aggression. **The theoretical part** of the thesis provides a basic overview of the issue, a description of de-escalation techniques and other options for managing aggression and its prevention. **The empirical part** of the work presents the results of own research and their comparison with the results of other professional research. **The method** of the survey was a self-designed questionnaire, which was distributed to general and practical nurses of the Psychiatric Hospital Bohnice. 108 duly completed questionnaires were included in the study itself. **Results:** It was found that more than 58% of respondents experience verbal aggression at least once a week and almost 29% of respondents experience brachial aggression at least once a week. Due to such a frequent occurrence of aggression, only less than 59% of respondents have been trained in the issue at least once in the past five years. **Conclusion:** The research shows the need to focus on the management of aggression and prevention of violence in the nursing care in psychiatry.

Key words: aggression; de-escalation; conflict; violence; psychiatry