

This diploma work enters theoretically and practically on old people opinions of their life. The introductory chapter describes the life cycle, spiritual ageing and individual value system. It is also concerned with the psychotherapeutical method, created by V. E. Frankl, which is called logotherapy and with chances of social - spiritual help in difficult situations. The second chapter is focused on ageing and the old age – on changes, which this process fetch along and on the ways of living in the old age – in the concrete on the old people's life at home or in the institucional care. The closing chapter contains the investigation, which aims to know, how old people perceive their own life in today context – how much they are satisfied and frustrated, how succesful they were with achieving the purpouse which they had or still have got.