

Abstract

Title: The influence of sports activities in childhood on floorball performance in adulthood.

Objectives: The aim of the thesis is to find out what effect have previous sports activities run in childhood on floorball performance in adulthood. From what points of view could these sports activities (competitive and non-competitive) affect their performance in adulthood and their impact at the highest level.

Methods: Quantitative research, in which I will use the sent electronic questionnaires to analyze the data obtained and explain their impact on the issue.

Results: The results show that the sports which played the highest floorball competition players and floorball representation players are most often football, tennis and ice hockey. Players in non-competitive sports activities show a wider spectrum and a greater participation in multiple sports at once. Since the age of 12, most players have been specialized in floorball. The players of the highest floorball competition affected their game performance in adulthood by participating in various sports activities in childhood. The sports activities that the player's parents hardly match with the sports that the players did as children. On the contrary, a greater agreement was found between the non competitive sports activities run by parents and children.

Keywords: sports activities, childhood, influence of sports activities, game performance, floorball

