

Adults can be educated using different methods. A choice of a specific method depends on what an individual needs to learn. This thesis introduces interactive methods of adult education. Compared to other methods of education such as a standard lecture, methods mentioned above are rooted in experiential education and use play and experience to imprint acquired knowledge, abilities and skills in one's memory more deeply. Interactive methods of education are attractive, highly efficient and may act as a trigger to further development of an individual. The thesis presented addresses concepts such as experiential learning, a play as an important phenomenon focused on situation in Czech Republic, and relevance of a play to a child and subsequently to an adult. The thesis focuses on specificity of adult education developing particular play and non-play interactive methods of education in detail to enable a person to develop their potential and constituent social and personal skills.