

TITLE:

Summer sports courses at secondary schools

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ABSTRACT:

The thesis deals with the issue of summer sports courses at secondary schools. I find that high schools offer summer sports courses, what is the diversity of their offerings, material and personnel support and interest from students, respectively. the reasons for their lack of interest or dissatisfaction with the offer. The theoretical part deals with activities and education in nature and their importance for children and youth. Zooming important concepts and trends associated with this area. In the next chapter I focus on the content of the summer sports courses with a range of sporting activities. Acquainted with the guidelines and safety principles for the successful conduct of the event. The research part describes the objectives and results of the research survey. The main aim of the thesis was to compare the offer with sports courses at various secondary schools in Prague 10. The research was used questionnaire for principals of secondary schools students and seniors. The questionnaire explored the current offer summer sports courses at secondary schools and students' interest in sports courses.

KEYWORDS:

Sports courses, outdoor activities, outdoor education, physical education, high school