

Abstract

Name:

Comparison of the level of motor competencies in connection with school educational programs

Objectives:

The main goal of the thesis is to find out what is the difference between the levels of motor competences in children from two kindergartens, one public kindergarten and the other private kindergarten with a sports focus, based on the test battery MOBAK-KG. The partial goal is then to find out what are the differences of their SEP in the area of physical activities.

Methods:

Part of the research is the analysis of SEP documents of both kindergartens, public and private with a sports focus. The research of the bachelor's thesis also uses a quantitative method, namely testing using a test battery MOBAK-KG, which contains 8 movement tests (4 with a ball, 4 with own body). Using a battery, we test children in both kindergartens and assess differences in the level of motor competencies. Subsequently, we process the results and evaluate them using basic description and calculation of arithmetic means.

Result:

According to the SEP analysis of both kindergartens, I came to the conclusion that the SEP of a private kindergarten with a sports focus is more focused on sports and a healthy lifestyle, but even the SEP of a public kindergarten does not forget the importance of physical activities. Hypothesis H1 was confirmed, as there were differences between the SEPs of both kindergartens in the area of physical activities. Children from private kindergartens with a sports focus achieved better results in the competence of movement with their own body and in movement with ball, and thus also in the level of motor competencies in general. This confirmed hypotheses H2, H3 and H4.

Keywords:

motor competencies, physical development in kindergarten, FEP PE, SEP, the MOBAK-KG test battery