

Abstract

Introduction: Motor tests in figure skating for children to determine the level of fitness and coordination skills. It contains a selection of individual movement tasks and their justification.

Aims: Analysis of assumptions and prediction of fitness assumptions for figure skating in children.

Assembly of a battery of field motor tests, evaluating general and specific readiness for figure skaters.

Another goal is to prove whether there is a relationship between current sports performance and the analysis of assumptions for figure skating at the age of 10-12 years.

Methods: quantitative and qualitative analysis of motor skills, method of questioning, examples, observation, testing and evaluation.

Results: The relationship between sports performance and analysis of assumptions was not fully confirmed. All initial assumptions were not confirmed and the work allows a more accurate focus of subsequent research.

Conclusion: The set goals were achieved.

Author: Jaroslava Bartošková

Title: Motor tests in figure skating for children

Objectives: Analysis of assumptions and prediction of fitness assumptions for figure skating in children.

Keywords: condition, coordination, figure skating, sport performance, test battery