

Abstract

The main intention of this bachelor's work was to observe and compare types of defense of three chosen beach volleyball teams, which were as follows: Perušič/Schweiner, Mol/Sorum and McKibbin/McKibbin. Results were based on statistics of watched matches and a questionnaire, which was sent to the chosen teams.

The present paper is made of two parts. Firstly, a theoretical introduction which explains the main issue to the reader, outlines the general history of beach volleyball and defines the main terms needed to understand the research. The following practical part focuses on the observation of the chosen matches and their evaluation based on the filled-in questionnaire. With regards to the traced data, the best defense has the team of McKibbin/McKibbin, which scored the highest percentage of successful defense (61%). Second was the team of Perušič/Schweiner, with the percentage of 54% of rewarding defense, and third came the team of Mol/Sorum, who were successful in 51% of all defense cases.

Keywords: blocker, defender, block, beach volleyball, „side-out”, defense, fruitfulness