

ABSTRACT

This bachelor thesis deals with the influence of physiotherapy on the development of a child with a physical disability. It focuses on Vojta's method, its origin and characteristics, description of exercises and assumptions that lead to a successful course of therapy. Moreover a chapter on the motor development of a child up to one year will be added. We also introduce Prof. MUDr. Václav Vojta himself, his study and work. The aim of the work is to find out what effect physiotherapy has on a child not only on physical but also mental development. What is the family's approach to rehabilitation routine. All this will be answered through qualitative research. In our research we use questionnaire and interview method. The work is therefore focused on two perspectives, one of which is perspective of families with a child undergoing Vojta's method and the other is perspective of rehabilitation specialist who is daily in direct confrontation with the demanding exercises and difficulties that are part of Vojta's method.

KEYWORDS

physiotherapy, Václav Vojta, Vojta's therapy, family, Parent–child relationship