

Annotation

The bachelor work concentrates on education after an acute heart attack. The goal of the teoretical part of the work is to give information about education concerning principles, phases of the education proces..., and about an acute heart attack with its associated risk factors, smyptoms, diagnosis and medical treatment.

The main work consists of a quantification reaserch method of risks factors related with the acute heart attack. A group of respondents that are observed are patients that suffer from an acute heart attack and were hospitalised at I. Interní klinika in Hradec Králové and a group of healthy respondents from randomly selected participants. One part of empiric part is also an elaboration of the „Proposal of an education plan Protective diet of patients after an acute heart attack with hypercholesterolemia.“