

Annotation

This paper deals with mental anorexia and mental bulimia of young girls. It refers to occurrence of mental anorexia and mental bulimia in Czech Republic in the area of Hradec Králové. The practical part is based on quantitative research. This research explores knowledge of young-teenage girls, risk behaviour and it explores how playing musical instrument and singing influence food intake. In research there are explored girls that attend 7th, 8th, 9th classes at the basic school with a view to music.