

## Annotation

The thesis discusses the ischemic heart disease and the necessity to educate patients constantly. The thesis emphasizes the occurrence of risk factors for development of the ischemic heart disease. The thesis also focuses on the division, the diagnostics and the treatment of the ischemic heart disease. An important part of this work deals with education and the educational process.

The quantitative research is the crux of the thesis. The main target of the research was to learn about patient awareness about their disease. The surveyed sample has been represented by patients from the Teaching Hospital Hradec Králové suffering from this disease. The empirical part shows that it is necessary to educate patients constantly and to motivate them to improve their lifestyle