

The topic of his thesis Change triglycerides in relation to the waist circumference at dieting obese women I chose because of becoming more timely issue of obesity in the Czech Republic. Obesity is also closely associated with new discoveries in the field of endocrinology and metabolism of adipose tissue, which is still unexplored and offers perhaps surprising findings.

Within the classification of the severity of obesity and related metabolic risk in practice, their evaluation is used waistline. Interestingly, in which the parameters describing the state of the human body, it is demonstrated relationship with this indicator.